

# ***Incarnation Catholic School***



## ***Athletics Handbook***

# Incarnation Catholic School Athletic Handbook

## POLICIES

**Athletics.** Incarnation School offers a sports program throughout the school year for both boys and girls in grades 6-8 and competes in the Gulf Coast League.

### **Sports Offered.**

Volleyball - Girls	September-October
Cross-Country - Boys & Girls	September-November
Basketball - Boys	October-December
Basketball - Girls	October-December
Soccer -Coed	February-March
Tennis - Coed	March-April

**Philosophy.** Middle school athletics provide a wonderful opportunity for students to broaden the scope of their overall education. Those involved with middle school athletics will focus on the following goals:

1. Participation: All athletes should be given playing time.
2. Sportsmanship: All athletes treat officials, coaches, peers and opponents with respect.
3. Development: All athletes should learn basic fundamental skills for his/her particular sport.
4. Pride: All athletes need to be proud of being a part of Incarnation Catholic Athletic Program.

**Academics.** The school requires athletic students to maintain a C average in each class. If an athlete's grade falls below a C average, that subject's teacher will notify the athletic director. Students will be given a deadline to improve their grade to a C average. Upon that date, if the athlete has not improved his or her grade, the athlete will be suspended from all practice and games for one week. After school help is provided so that athletes can maintain eligibility.

**Conduct.** Incarnation Catholic School believes that students who are selected for the **privilege** of membership on teams should conduct themselves as responsible representatives of the school. In order to assure this conduct we enforce a Code of Conduct.

1. Maintain the highest level of sportsmanship and conduct at all times.
2. Respect players, coaches and officials at all times.
3. Respect the privilege of having the opportunity to play and represent ICS.
4. Each coach has the right to establish additional rules pertaining to the activity they are supervising.

### Parent Guidelines

1. Sign and return the code of conduct.
2. Support the athlete's code of conduct.
3. Introduce yourself to the coach.
4. Be a role model for your son or daughter.
5. Discuss any concerns about your son or daughter with only the coach.
6. Encourage others to attend games and support ICS.

**School Attendance.** Students must be in school to participate in athletics. On game days, students must attend at least four hours of the school day in order to participate. Numerous unexcused absences may result in loss of playing time.

The administration of Incarnation Catholic School reserves the right to discipline, suspend or dismiss an athlete from participation due to academic conduct, behavior or attendance compliance. Any student that does not satisfactorily complete the season will not be eligible for any award given for that sport.

**Dress.** The dress code for school on game days is the decision of the coach. Students must follow any guidelines that are set by the coach.

**Transportation.** Parents are responsible for transportation to and from all practice and games. Parents need to be **ON TIME**, as a courtesy to the coaches. Directions to game sites should be listed on the back side of the game schedule.

**Uniforms.** Uniforms will be given to the student by the coach just before the first game. Students must wear the uniform only to school games. The uniform top can be worn to school on game days. Wash the uniform in cold water and hang dry. Uniforms must be returned at the end of the season. A lost uniform (shirt and/or short) must be paid for by the student.

**Tryouts.** The school is sensitive to the needs of the athletes during the tryout period. It is the school's desire to see that as many student athletes as possible are involved in the program during the athletic season. Unfortunately, limitations are placed on sizes of teams for each sport.

#### ***Tryout Procedures***

1. All tryouts are closed with only candidates and coaches attending. Parents are to drop off and pick up at the time indicated.
2. Choosing the members of the various athletic teams is the responsibility of the coaches.
3. Before tryouts begin, coaches will provide team information to all candidates and parents of the team. Such information shall include: length of tryout period, location and time of tryout, objectives used to select the members of the team, number of team members that will be selected.

**Athletic Awards.** ICS likes to recognize all members of a team. Therefore, all members will receive some type of acknowledgement. The athletic year will conclude with a sports banquet which will include all athletes and their parents.

Guidelines:

- Only athletes who finish the season will be recognized at the sports banquet.
- An athlete that plays the same sport for three years will receive a Third Year award.
- Each team will award individual trophies.

**Coaches/Parents.** All individuals working directly with athletes must have the following:

1. Fingerprinting
2. Background Check
3. Attend a Safe Environment training class

These requirements are mandated by the Diocese of Venice and supported by Incarnation Catholic School. The safety and well-being of the students are our priority.

## **PARENT GUIDELINES**

1. Sign and return the code of conduct that you will receive from the coach.
2. Support the athlete's code of conduct.
3. Be familiar with the policies for your son or daughter.
4. Introduce yourself to the coach.
5. Be a role model for your son or daughter.
6. Discuss any concerns about your son or daughter with only the coach.
7. Encourage others to attend games and support ICS.

# Incarnation Catholic School Athletic Participation Contract

Date: \_\_\_\_\_

I hereby request Incarnation School to grant permission for my student to participate in Incarnation School athletics. I understand that I am entering a voluntary contract between myself, the parent of an Incarnation Catholic elementary school student, and Incarnation Catholic School for participation in school sponsored athletic activities.

I agree to cooperate with and support the rules and regulations of the Diocese of Venice, of Incarnation Catholic School and school board, and to be governed by these rules and regulations as announced to me by the pastor or principal of Incarnation Catholic School, as published in the Student-Parent School Handbook, the Student-Parent Athletic Handbook, and as announced or published in other places by the school administration. I understand that I must be familiar with and accountable for these rules and regulations and the policies and procedures which govern participation in athletics representing Incarnation Catholic School.

As a player, my student understands that he/she must fulfill all religious and academic responsibilities to Incarnation Catholic School and Parish, and conduct himself/herself as a committed Christian in school, outside of school, and in particular at any activity involving athletic competition representing Incarnation Catholic School. My student agrees to be bound by the rules and regulations regarding athletics and to submit himself/herself voluntarily to the application of the rules.

As a parent of an Incarnation Catholic School athletic participant, I understand my responsibility and obligation to see that my student fulfills his/her religious and academic responsibilities including school work and homework assignments and complies with the rules and regulations for participation in Incarnation Catholic School athletics. I further agree that as an adult I will conduct myself in a responsible and mature Christian manner at all times at all games, that I will show respect for authority, and will engage in no activity or conduct which in any way is disrespectful, combative or confrontational, or questions the jurisdiction of the pastor, school principal, coach, officials or anyone connected with the conduct of Incarnation Catholic School activities.

As player and parent we acknowledge that a violation of the rules and regulations may result in forfeiture of ability to participate in athletics representing Incarnation Catholic School.

Our signatures mean that we understand and accept these conditions for the participation of our student and family, which are binding through our student's graduation from Incarnation Catholic School.

STUDENT NAME (please print): \_\_\_\_\_

STUDENT SIGNATURE: \_\_\_\_\_

PARENT NAME (please print): \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_

PARENT EMAIL (please print): \_\_\_\_\_

# Incarnation Catholic School

## Athletic Transportation Permission Slip

This transportation permission slip is required in order for your athlete to be transported to and/or from an athletic event and will cover the entire school year for this sport. No student will be allowed to be transported from Incarnation Catholic School to an athletic event unless this signed permission slip is on file with the school.

ATHLETE'S NAME (please print): \_\_\_\_\_

PARENT/GUARDIAN'S NAME (please print): \_\_\_\_\_

My son/daughter has my permission to ride with the following parents:

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# Gulf Coast League Sportsmanship Contract

## Coaches are expected to:

- Treat players, parents, opponents, and officials with respect.
- Teach and inspire players to love the game and compete fairly and in a sportsmanlike manner.
- Demonstrate by example the type of person he/she wants the players to be.
- Respect and abide by all FHSAA rules and regulations along with the Gulf Coast League rules for his/her sport.
- Realize that as the coach he/she is an educator and therefore understands the sport he/she is coaching and the proper behavior for that sport.
- Monitor the student athlete's grades (progress reports) and behavior to insure that the student athlete's academic performance is at an acceptable level for athletic participation. This can be taken on by the athletic director.
- Report any breach of conduct by their athletes to the appropriate school authority. Example: Fighting during an athletic contest. The student will be subject to the appropriate disciplinary measures according to their schools and the Gulf Coast League Board members when severe issues occur.

## Player are expected to:

- Treat opponents with respect.
- Adhere to all FHSAA rules and regulations along with the Gulf Coast League rules in regard to sportsmanship and participation.
- Demonstrate self-control.
- Respect and accept all official's calls and decisions without gestures or arguments.
- Win with dignity, lose without excuse.
- The good of the team always comes first.
- Show respect for your coaches, the opposition's coaches and players and the officials.
- Adhere to all school and team rules.
- Conduct yourself at all times in a manner that represents high character standards and good sportsmanship.

## Parents are expected to:

- Be positive role models at athletic contests. Your son/daughter will be very aware of your behavior.
- Be supportive of the coach. The team is the coach's responsibility, not the parents.
- Your job on the sidelines is to encourage both teams through acknowledging great plays, effort and heart.
- Communicate with the coach and create a positive supportive working relationship.
- Realize that as the coach he/she is an educator and therefore understands the sport he/she is coaching and the proper behavior for that sport.
- Remember the primary value of athletic participation is to provide our youth with an opportunity for self-development, physically, emotionally, and mentally.
- Respect the judgment of the officials and refrain from openly criticizing each and every call the official makes.
- Be aware that if a parent conference is desired with the coach that it is highly inappropriate to speak with the coach regarding this at the conclusion of an athletic event. Wait until the next day and call for an appointment with the coach.
- Understand and respect the different roles of parents, coaches and officials. Parents should parent, coaches should coach, and officials should officiate and each should be treated with respect for what they do.

Coach signature \_\_\_\_\_ Date \_\_\_\_\_

Participant signature \_\_\_\_\_ Date \_\_\_\_\_

Participant name (please print) \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

# **STUDENT-ATHLETE AND PARENT COMMITMENT FORM**

**I have read the information in the Incarnation  
Catholic School Athletic Handbook.**

**I am aware of the obligations of being a  
student-athlete and will abide by the information  
and regulations contained in this handbook.**

**X**

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student-athlete

**X**

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date

**As a parent I will foster the commitment  
of my child and will abide by the information  
and regulations contained in this handbook.**

**X**

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parent

**X**

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date